

# **Worksheet: Moving Without Waiting for Certainty**

## Clarity - Week 1: 3-2-26

**Purpose:** To help you identify where you're waiting for guarantees — and gently shift into empowered action.

### **1. Identify the Stuck Spot**

What is one decision you've been delaying because you don't feel completely certain?

What are you hoping certainty would give you?

### **2. Separate Fear from Facts**

What is the worst-case scenario you're imagining?

If that happened, how would you realistically handle it?

### **3. Define the Next Small Step**

Instead of solving the entire decision, what is one small action you could take?

When can you commit to taking that step?

### **4. Strengthen Self-Trust**

Finish this sentence:

“I don't need full certainty to \_\_\_\_\_.”