

# Be the Woman Who Uplifts


*GGC September 2025: Circle of 4*

## Affirmation:

*“I lift others without losing my light. I celebrate their wins, and I honor my own growth too.”*

## Reflection Prompt:

Who in your life could use a kind word, a genuine compliment, or a little encouragement this week?

 What's one way you can celebrate someone else's win — and your own — without shrinking your voice?

## Write Here:

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   *You are the woman who uplifts. Shine on.*

