

Weekly Takeaway Sheet

Radiance, Week 2: 7-13-26

Stop Dimming Your Light

1. People-Pleasing Quietly Steals Your Confidence

- Your voice and your needs matter just as much as anyone else's.
- Saying "yes" to everyone else often means saying "no" to yourself.
- Healthy boundaries allow your confidence to grow.

2. Comparison Distracts You from Your Own Brilliance

- Comparing yourself steals joy and confidence.
- Someone else's light never diminishes your own.
- Celebrate your journey instead of measuring it against someone else's.

3. Your Uniqueness Is Your Greatest Strength

- The qualities that make you different are your greatest gifts.
- Authenticity is more powerful than fitting in.
- Confidence grows when you embrace who you truly are.

4. You Were Never Meant to Blend In—You Were Meant to Shine

- You don't need permission to be yourself.
- Your presence makes a difference in ways you may never fully realize.
- The world needs the real you, not a smaller version of you.